



Proactively preparing discussion questions to guide journal club meetings is a great way to facilitate discussion. The questions can be used by moderators to organize the journal club and shared with participants in advance to review while reading the article(s).

For the Facilitator:

- Provide questions in advance to help with preparation.
- Consider whether to use presentation slides with questions and answers to guiding questions.
- Consider whether to use a critical appraisal worksheet or the guiding questions to structure the discussion.

For the Participant:

- Focus your reading before the journal club session using the guiding questions.
- Bring your answers to the journal club to increase your engagement.
- Bring additional questions to the journal club session as well.

Sample Questions:

- What were the study's purpose, research question(s), and/or aim(s)?
- What design was used to answer those questions?
- Who participated in the study?
- How do the participants compare to clients we encounter in our setting?
- What interventions did the researchers use, if any?
- How does this intervention compare with what we currently do in our setting?
- How and when were data collected in this study?
- What measures (or assessment tools), if any, were used to assess outcomes?
- How do those measures (or assessment tools) compare to what we currently use in our setting?
- What were the primary findings?
- What are the primary strengths and weaknesses of this study?
- How can we apply these findings to our setting?
- What are the barriers to implementation?

- Action plan: What is one thing I will do to change my practice based on this study? What is one thing I will continue to do in my current practice?

If you are interested in hosting a journal club for NOTA, please submit a Short Course Presenter Application (located under the Resources → Practitioners headings on NOTA's website).

American Occupational Therapy Association. (2021). *Guiding questions for journal club discussions*.

<https://www.aota.org/practice/practice-essentials/evidencebased-practiceknowledge-translation/-/media/f3418669edf94fd0bb5c5f5cb1125218.ashx>