

# Leadership Identity, Values, Strengths, and Philosophy

NOTA Pioneers in Practice  
Module 1



A warm welcome to the **leadership journey** in occupational therapy, highlighting the importance of personal authenticity and inviting reflection on your unique leadership identity within this rewarding field.

# What Leadership Entails

Not a title

influence over control

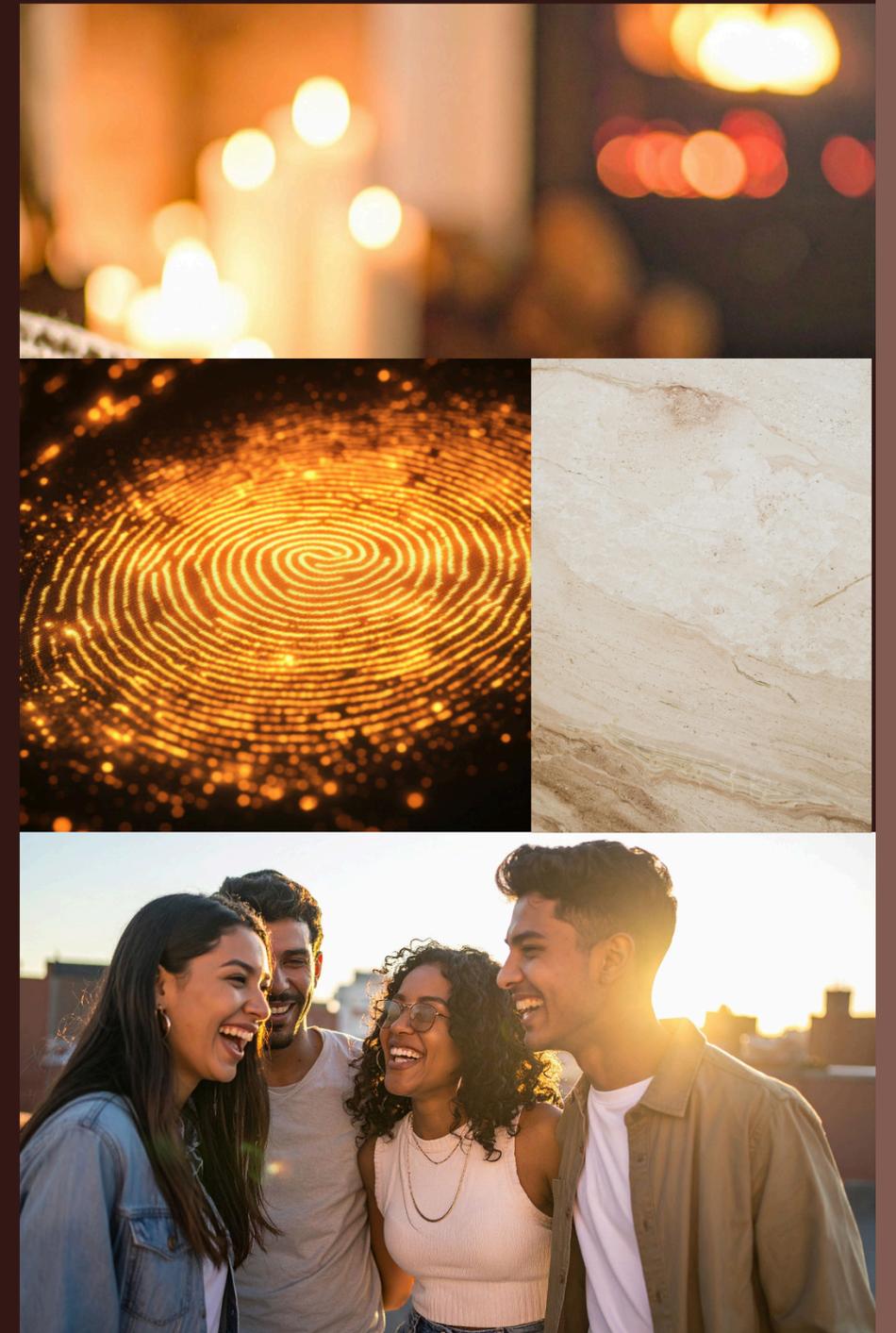
How you show up



# Leadership Identity and Values

Discovering your authentic leadership self

- Shaped by experience
- Shaped by context
- Shaped by life



# Leadership Values

## Understanding core values in OT

### Leadership Identity

Your leadership identity reflects your personal beliefs and experiences, shaping how you connect and lead within the occupational therapy community, fostering authenticity in your approach.

### Core Values

Empathy, advocacy, and collaboration are essential values in OT leadership. They guide interactions with clients and colleagues, ensuring that care is compassionate and collaborative in practice.

### Self-Reflection

Reflect on the values that guide your leadership journey. Consider questions such as: What principles resonate with you? How do these values influence your decision-making and actions?



# Recognizing Strengths

## Developing Your Leadership Philosophy

- You already lead
- Strengths create energy
- Fixing is optional



# Leadership Strengths in OT

Understanding and developing your unique approach

## Communication

Effective communication fosters understanding, collaboration, and trust, enabling OT professionals to connect with clients and colleagues, facilitating better care and teamwork in diverse environments.

## Resilience

Resilience empowers OT leaders to navigate challenges and setbacks, maintaining a positive outlook and adaptability through adversity, which is essential for fostering growth and innovation in practice.

## Personal Philosophy

A personal leadership philosophy guides decision-making and actions, ensuring alignment with values and goals while encouraging OT professionals to articulate their beliefs and approaches effectively.



# Lead from Within

Inspiring Authentic Leadership in  
Occupational Therapy

- What matters most
- Who you serve
- How you choose to lead



# Embrace

Your Leadership Identity Today

