

Date: February 2026

# PIONEERS IN PRACTICE MODULE 1 WORKSHOP



Building Self Awareness



# AGENDA

- Welcome
- Check In
- Ice Breaker
- MI Content Reflections
- Values-based Leadership
- NOTA Mission Activity





**CHECK IN**

# ICE BREAKER





# MODULE 1 REFLECTIONS

# VALUES-BASED LEADERSHIP



Personal Experiences and  
Lessons Learned

# NVOTA MISSION ACTIVITY



We are dedicated to supporting the occupational therapy community; our mission is to champion the distinct value of occupational therapy by supporting its practitioners, students, and community partners. We facilitate engagement by offering accessible resources, educational and networking opportunities, mentorship, and advocacy.



**LEADERSHIP  
PHILOSOPHY  
STATEMENT**

# FILL-IN EXAMPLE

To me, leadership is \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_. I believe that as a leader I need to \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ in order to be my best. I will inspire my team to \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_. I want my team and myself to value \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_. I do not tolerate \_\_\_\_\_ from those around me. My ultimate goal is to \_\_\_\_\_.



**“VALUES ARE EXPRESSED THROUGH ACTION;  
WHAT OCCUPATIONAL THERAPISTS CHOOSE TO DO  
REFLECTS WHAT THE PROFESSION STANDS FOR.”**

*-Elizabeth Yerxa*

# WHAT'S NEXT



- DAC Pod Reflection led by Bria - Tuesday 2/24 @ 7 pm
- Develop a Portfolio - platform of your choice
- March PIP Workshop date - 3/10 @ 6 pm PT, 3/31 @ 6 pm
- Communication with Mentor - ongoing
- Module 2 will open at the end of this week



# QUESTIONS?



Get In Touch